



Commercial Series Cardio

NEW R916 Commercial Series Upright Bike

The R916 is our new commercial series recumbent bike and replaces the current StairMaster 3800 model. The new step-through design incorporates superior biomechanics, time-tested Schwinn technology from our highly successful line of indoor cycling bikes, user-friendly features, and an updated industrial design that is consistent with the rest of the Nautilus cardio line-up.



Features

- **Industrial Design** New design is consistent with the rest Nautilus cardio product line, giving facilities the opportunity to create a more cohesive look. Two conveniently located water bottle holders hold large wide-style bottles (or can also be used as an accessory storage area). Front transport wheels and floor-saving, wide, non-slip leveling pads are also included.
- **Frame Design** The step-through design provides easy mounting and dismounting access for users of all age and ability levels, and is ideal for senior or rehab facilities. The plastic shrouding in the step-through area is supported by the frame for strength and durability.
- **Biomechanics** The biomechanically superior design fits every body size for a more effective, comfortable workout.



User Benefits

- Superior biomechanics
The R916 is designed to provide users of a wide range of sizes (4'6" – 6'6") with the correct biomechanical riding position. Regardless of user height, the design ensures that the user's hips will be in the properly aligned angle with the crank, providing a more comfortable, efficient workout.



- Better bike feel
The components of the drivetrain were designed to provide the maximum amount of momentum for the user. More momentum gives the user a smoother, more realistic cycling experience, providing a more comfortable, efficient workout and helping to maintain motivation.
- One console for all
The R916 uses the C51 custom back-lit LCD display that is common across the Nautilus commercial cardio product line. That means the user only needs to become familiar with one, simple-to-use interface with workouts that have been proven popular with a wide variety of members.

Health Club Owner Benefits

- Attract new members
The R916 offers users a smooth, comfortable, efficient workout. The optional integrated LCD system offers facilities a seamless way to offer entertainment to their members.
- Retain current members
The R916 can provide a better exercise bike experience to its existing members. Member satisfaction will be higher with the R916, helping to retain them.
- Cordless
The R916 is cordless, allowing the club to have flexibility in placing the equipment anywhere in the facility. And since it is cordless, it doesn't cost the club owner money to power the unit.



- Long lasting components The R916 utilizes components that have been proven to hold up in the most rigorous indoor cycling classes.
- Easy service Remove the one-piece main shroud without taking the cranks off to easily access the alternator and drivetrain assembly.
- One console for all The R916 uses the C51 custom back-lit LCD display that is common across the Nautilus commercial cardio product line. That means the club owner only needs one type of console across the non-treadmill product line. Simply configure the console to the type of equipment it is attached to (Nautilus commercial ellipticals and bikes).

Specifications

- Wattage Range 50 – 500 watts (start-up wattage decreases to 25 when plugged in)
- Power Requirements Cordless. Battery charger included with unit.
- User Weight Capacity 400 lbs. / 182 kg.
- Physical Dimensions 24"w x 67"l x 46"h (61w x 170l x 117h cm)
- Product Weight 180 lbs. / 82 kg.